



PHARMACISTS & DIETITIANS

A key partnership in Medical Nutrition Therapy

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Learning Objectives

- Understand why pharmacists and RDs need to collaborate
- Identify where, when, and how RDs most commonly interact with pharmacists
- Identify skills needed to make the most of the RD-PharmD partnership

Why must RDs & PharmDs collaborate?



Where collaboration occurs



Hospitals



Long term care



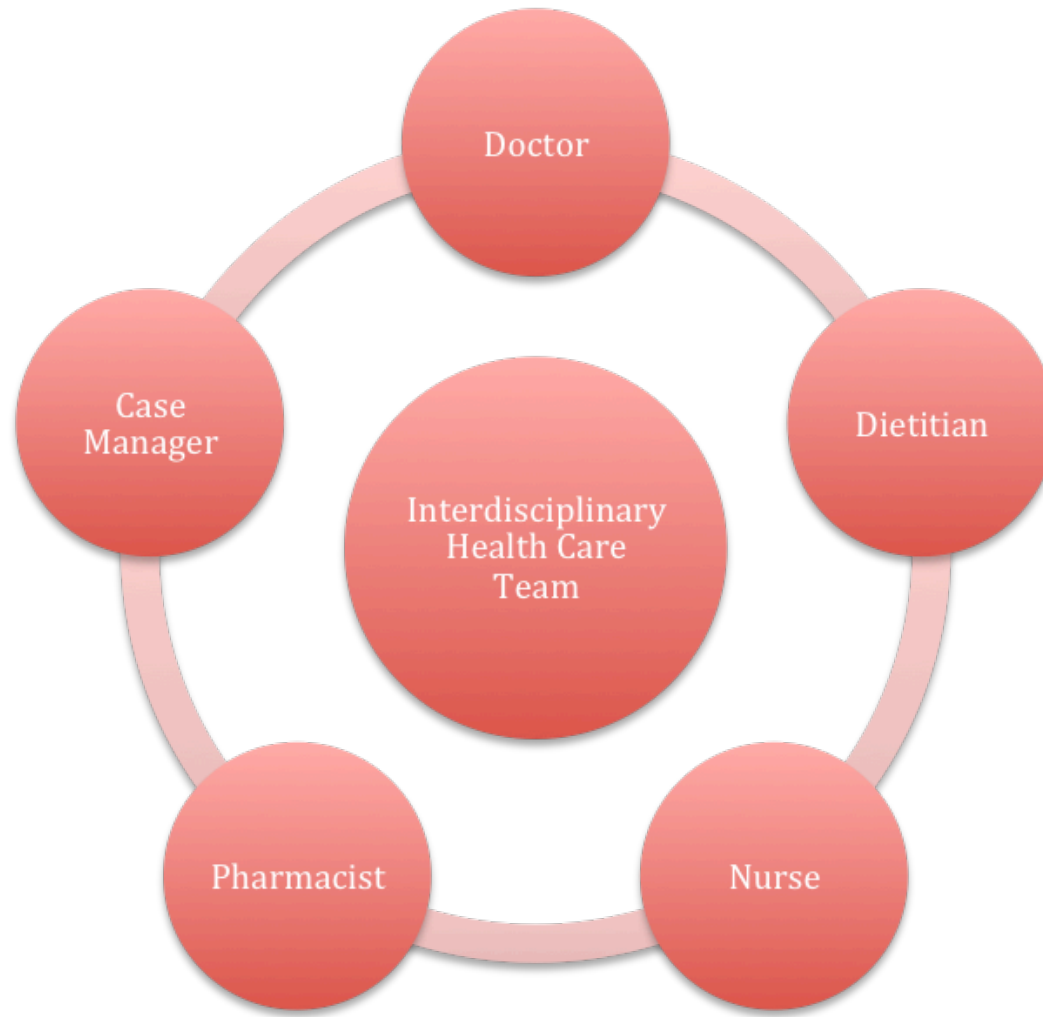
Home health
care

When collaboration occurs

- Daily, weekly, bi-weekly, or monthly
- Patient rounds (team meetings) or one-on-one



How collaboration occurs



RD:

Expertise in
food, nutrition
& special diets

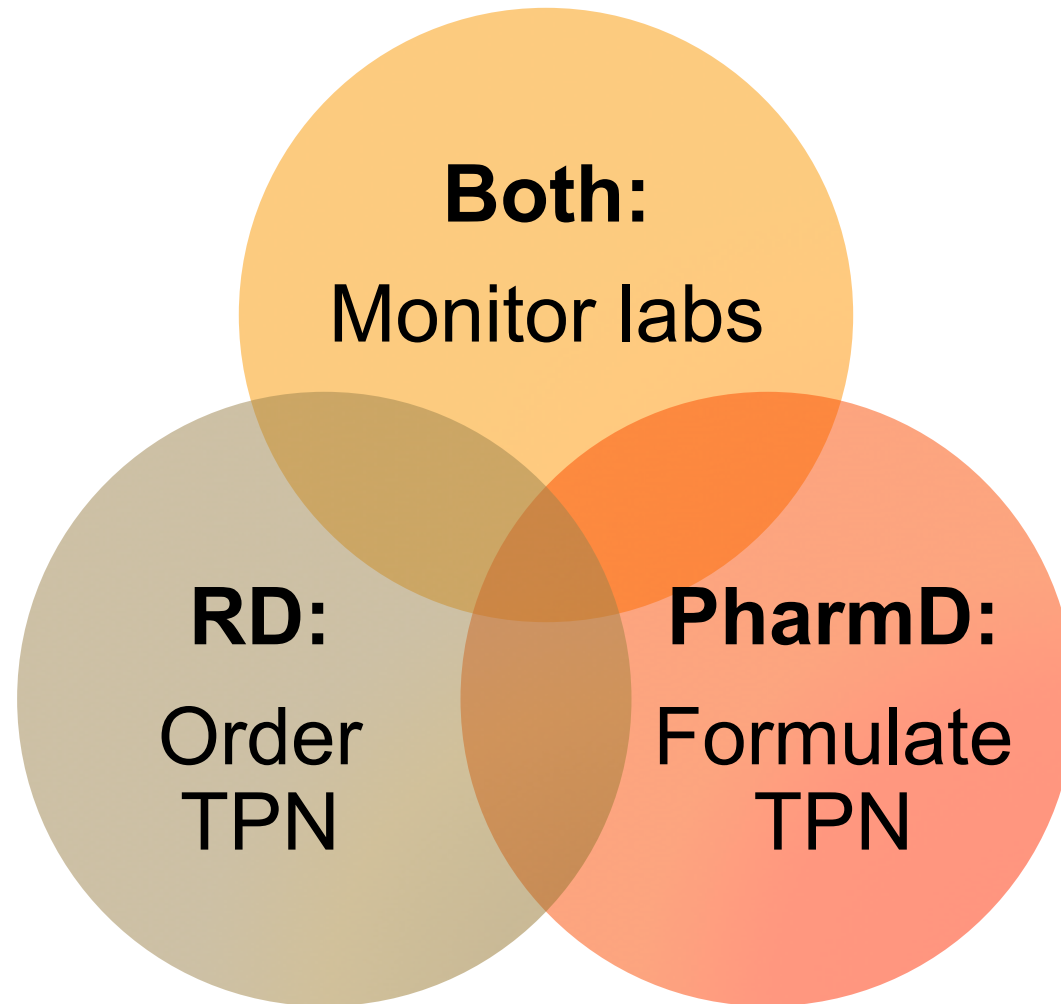
PharmD:

Expertise in
medications

Common goals:

1. Maintain food/
nutrient intake,
nutritional status, &
medication
effectiveness
2. Avoid adverse
food-drug interactions

Total Parenteral Nutrition (TPN)





Skills for best collaboration

- Attention to detail
- Competency in reading labs
- Competency in calculating TPN orders
- Effective written and oral communication
- Confidence
- Team player
- Open to feedback

Collaboration is essential



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